 **Job Gym - Financial Resources Links**

**Canada Emergency Response Benefit (C.E.R.B)**

Service Canada - <https://www.canada.ca/en/services/benefits/ei/cerb-application.html>

**1 800-622-6232**

Canada Revenue Agency - <https://www.canada.ca/en/revenue-agency.html>

**1-833-966-2099**

**Social Assistance**

Ontario Works **-** <https://www.niagararegion.ca/social-services/ontario-works/default.aspx>

**905-641-9230** or **1-866-627-1110** (from West Niagara)

Ontario Disability Support Program (ODSP) –

<https://www.mcss.gov.on.ca/en/mcss/programs/social/odsp/income_support/index.aspx>

**Tel: (905) 688-3022 - Toll Free: 1-800-263-5413**

**Ontario Emergency Assistance**

<https://www.ontario.ca/page/apply-emergency-assistance>

**905-641-9230** or **1-866-627-1110** (from West Niagara)

**Canada Child Benefit**

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview/canada-child-benefit-apply.html>

**1-800-387-1193**

**Special GST Credit**

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/covid-19-gsthstc-increase.html>

**1-800-387-1193**

**Job Gym - Financial Resources Links Page 2**

**Assistance with energy costs**

[**Ontario Electricity Support Program (OESP)**](https://www.oeb.ca/rates-and-your-bill/help-low-income-consumers/ontario-electricity-support-program)

**1-855-831-8151**

[**Low-income Energy Assistance Program (LEAP)**](https://www.oeb.ca/rates-and-your-bill/help-low-income-consumers/low-income-energy-assistance-program)

**1-855-831-8151**

**Mortgage Payment Deferral Program**

**CMHC**

<https://www.cmhc-schl.gc.ca/en/finance-and-investing/mortgage-loan-insurance/the-resource/covid19-understanding-mortgage-payment-deferral>

**Help for Students**

* + **Canada Emergency Student Benefit**
  + **Canada Student Service Grant**
  + **Enhancing Student Financial Assistance for Fall 2020**
  + **International students**

<https://www.canada.ca/en/department-finance/news/2020/04/support-for-students-and-recent-graduates-impacted-by-covid-19.html>

**Help for Seniors**

**Ontario Guaranteed Annual Income System**

<https://www.ontario.ca/page/guaranteed-annual-income-system-payments-seniors>

**Community Food Resources**

<https://niagararegion.ca/social-services/food-for-all.aspx>

**Job Gym - Financial Resources Links Page 3**

**Glad Day Emergency Survival Fund**

<https://www.gladdaylit.ca/>

**Artists & Musicians**

<https://unisonfund.ca/services/financial-assistance>

If you are a member of SOCAN, the Canadian Federation of Musicians or Niagara Region Musicians Association contact your local organizer for information on extra supports.

**Credit Counselling**

<https://www.creditcanada.com/contact-us/credit-counselling-st-catharines>

(905) 684-9401

[info@creditcanada.com](mailto:info@creditcanada.com)

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