** Return to Work Post COVID**

**Niagara Transportation Websites**

Welland Transit:

<https://www.welland.ca/transit/TransitNotices.asp>

St. Catharines Transit:

<https://yourbus.com/>

Port Colborne Transit:

<http://portcolborne.ca/page/Port_Colborne_Transit>

Fort Erie Transit:

<https://www.fetransit.ca/>

Niagara Falls Transit:

<https://niagarafalls.ca/living/transit/bus-routes.aspx>

Niagara Region Transit:

<https://www.niagararegion.ca/transit/routes.aspx>

Public Health Guidelines

<https://www.niagararegion.ca/health/covid-19/reopen/sector-specific-guidelines.aspx>

For more information, call the Info-Line at 905-688-8248 press 7, then press 3 or toll-free at 1-888-505-6074

**Digital Platform Tutorials**

Zoom:

<https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials>

Skype:

<https://www.youtube.com/watch?v=S38e-t6rhKA>

Blue Jeans: <https://support.bluejeans.com/s/topic/0TO2R000000kaifWAA/videos>

Microsoft Teams:

Webex- Cisco:

<https://help.webex.com/en-us/8bzter/Cisco-Webex-Meetings-Video-Tutorials>

Public Health Ontario

<https://www.publichealthontario.ca/>

**Mental Health Supports**

Pathstones-Children’s Support:

Crisis Line- 1-800-263-4944

<https://pathstonementalhealth.ca/>

CMHA Niagara:

Access Line: 1-866-550-5205

<https://cmhaniagara.ca/>

InCommunities:

Dial- 211 for information on all of your needs

<https://www.incommunities.ca/en/211-niagara/dial211/>

Ontario Ministry of Labour, Training and Skills Development

**For General Information:**

<https://www.ontario.ca/page/ministry-labour-training-skills-development>

To file a complaint or ask a question regarding Safety in the workplace:

Health and Safety Contact Centre at 1-877-202-0008 (TTY: 1-855-653-9260) or file online at:

<http://www.forms.ssb.gov.on.ca/mbs/ssb/forms/ssbforms.nsf/FormDetail?OpenForm&ACT=RDR&TAB=PROFILE&SRCH=&ENV=WWE&TIT=2026&NO=016-2026E>